

## Juices

**Fresh Squeezed Orange** 12oz. \$6.00 16oz. \$8.00

Cleanses the digestive system and provides energy for the day.  
orange

**Earth, Wind & Fire** 12oz. \$7.50 16oz. \$8.50

Multivitamins and minerals, supports the immune system, cleanses the body, excellent for heart and memory health.

beet - orange - carrot - spinach - ginger

**Fountain of Youth** 12oz. \$8.50 16oz. \$9.50

Aids weight loss, helps healthy skin, strengthens bones and teeth, boosts immunity, energises.

kale - pineapple - strawberry - honeydew - agave  
green cube (kale - ginger - mint - parsley - lime zest)

**Green Machine** 12oz. \$7.75 16oz. \$8.75

Energising, aids in weight loss.

pineapple - spinach - honeydew - cucumber - coconut water

**Young & The Restless** 12oz. \$7.50 16oz. \$8.50

Energising, strengthens bones, skin health, improves digestion, lowers cholesterol.

green apple - kale - celery - cucumber - ginger - lime

## Create your own

**Choose 2 fruits or veggies + 1 liquid + 1 natural sweetener + 1 add-on**

12oz. \$7.50 16oz. \$8.50

**Fruit:** pineapple - lime - orange - watermelon - banana - apple  
strawberry - blueberry

**Veggie:** daily greens - beet - carrot - cucumber - celery - spinach

**Liquid:** coconut water - almond milk

**Natural sweetener:** agave - honey - dried stevia leaf - date  
coconut palm sugar - vanilla

**Add-ons:** turmeric - ginger - green tea powder - spirulina  
carob powder - flaxseed

## Smoothies

**The Heartbeet** 16oz. \$8.00

Anti-aging, rich in iron, heart healthy, vitamins A and C, high in protein, improves eye vision.

beet - carrot - mango - ginger - lime - banana - green apple

**Wake Me Up** 16oz \$ 8.50

Energising, brain booster, high in vitamin C.

mango - strawberry - orange - cupuaçu

**Garden Green** 16oz \$8.00

Aids weight loss, hydrating, eliminates toxins, energising.

avocado - spinach - cucumber - green apple - lime - agave  
green cube (kale - ginger - mint - parsley - lime zest)

**Peanut Punch \*** 16oz \$10.00

Meal replacer, high in fibre, protein and antioxidants, increases vitality, lowers cholesterol.

peanut butter - oats - banana - cinnamon - almond milk  
vanilla protein

**Açaí** 16oz \$10.00

A superfood full of vitamin C that accelerates the metabolism, lowers cholesterol and holds anti-aging properties.

açaí (with energising guarana) - banana - housemade yoghurt  
strawberry

**Berry Nuts \*** 16oz \$10.00

Rich in protein, good for the heart and memory, high in antioxidants.

banana - whey protein - flaxseed - blueberry - almond milk  
peanut butter

**On The Green \*** 16oz \$9.25

Energising, hydrating, aids in weight loss.

spinach - banana - almond butter - coconut water  
cinnamon

**Date Palm Paradise \*** 16oz \$9.50

Rich in heart-healthy fats, fibre, and antioxidants.

chocolate tahini - dates - cacao nibs - cashews - banana  
coconut milk

+ add chocolate protein \$3.00

+ add vanilla protein \$3.00

+ add raw vegan protein \$3.00

\* contains nuts

## Barrington Coffee Drinks

**Maca Coco \*** **16oz \$10.00**

Good for the digestive system, heart and kidneys.

coconut water - coconut jelly - barrington coffee - dates  
cocoa powder - maca powder - himalayan pink salt  
cashew nuts - whey protein - splash of vanilla

**Mediterranean Frappuccino \*** **16oz \$9.50**

Boosts energy and brain function, promotes healthy bones.

tahini - oat milk - barrington coffee - dates - banana - cinnamon  
allspice - brasserie honey

**Cold Brew** **16oz. \$4.00**

## Power up's

chia seeds - flax seed - goji berry - bee pollen  
turmeric powder - maca powder - cocoa nib - spirulina  
matcha powder - hemp seeds - coconut plam sugar  
shaved coconut - carob powder - himalayan pink salt  
PB2 (peanut butter powder) \* **\$2.00**

whey protein (vanilla or chocolate) - vegan protein  
hydrolised collagen **\$3.00**

All prices are subject to change as we proudly source the  
freshest homegrown and local ingredients.

## Bowls

**Açaí Bowl \*** **\$10.00**

Considered the no1 super food, this berry from the Amazon rain forest helps lower cholesterol, accelerates the metabolism and is a powerful antioxidant that's high in Vitamin C! It helps boost the immune system, and also contains flavonoids which delay the effects of aging.

açaí - strawberry - orange - granola - coco bluff coconut

**Cupuaçu Bowl \*** **\$10.00**

Also from the Amazon rain forest, Cupuaçu is the only plant from the cocoa family that is energizing but also caffeine free. Another powerful antioxidant, it improves brain function and neutralizes free radicals, is rich in essential nutrients, phytonutrients and plenty of other medicinal substances. It's considered one of the most complete fruits in the world.

cupuaçu - banana - granola - coco bluff coconut - agave

**Green Bowl \*** **\$10.00**

Full of vitamins, minerals and healthy fats for a balanced diet. It contains powerful antioxidants to improve your immune system and brain function to support a longer and healthier life. Packed with plant-based proteins to keep you satisfied, you'll also benefit from its mood enhancing capabilities.

avocado - banana - spinach - caju - apple - agave - lime  
coco bluff coconut

**Toppings:** **\$1.75**

**Fruit:**

Strawberry  
Blueberry  
Banana  
Pineapple  
Green apple

**Seed:**

Chia seed  
Hemp seed  
Flaxseed  
Pumpkin seed  
Sunflower seed

**Healthy crunch:**

Granola \*  
Bee pollen  
Cocoa nibs  
Coco Bluff coconut  
Cashew nuts \*  
Shaved almonds \*

## Happy Hour

Every Friday from 5pm at the Wicket Bar,  
enjoy \$5 Brasserie Purveyors fine wines,  
craft beers, and artisanal spirits.

ASK US ABOUT OUR  
WEEKLY JUICE SPECIALS!