



Thursday, 24 November 2022

Breakfast Menu: 7am-11am

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<b>Breakfast Toast</b> , choice of bread, butter or cream cheese & Jam	\$4.50
<b>Breakfast Panini</b> , english muffin, egg, cheese	\$5.49
<b>Breakfast Sandwich</b> : choice of wrap, croissant, bagel, sliced brasserie bread, egg, meat, cheese	\$8.99
<b>Build Your Own Omelette</b> , 3 eggs or eggs whites with your choice of cheese	\$7.99
Cheese: cheddar, mozzarella, swiss, provolone, parmesan	
Topping: tomato, mushrooms, red onion, mixed peppers, black forest ham, spinach, bacon	
	\$1.00
<b>Pancakes</b>	\$6.99 (fruit) \$8.99
<b>Belgian Waffle</b>	(whole) \$7.99 (half) \$4.49
<b>Hash Browns</b>	\$4.49
<b>2 Eggs</b> (any style)	\$4.99
<b>Sausage or Bacon</b>	(per serving) \$2.75
<b>Scone</b>	\$3.00
<b>Muffin</b>	\$3.75
<b>Croissant</b>	\$3.00
<b>Bagel</b>	\$2.50
<b>Sliced Brasserie Bread</b>	\$2.00
<b>Fresh Fruit Salad</b> , granola, yoghurt	(per pound) \$9.49
<b>Steel Cut Oatmeal</b>	(12 oz.) \$5.99 (16 oz.) \$6.99
<b>Banana Bread</b>	\$3.00
<b>Vegan Banana Bread</b>	\$3.50
<b>Almond Pound Cake</b>	\$4.00

Beverages

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<b>Espresso</b>	(2 oz.) \$3.50
<b>Macchiato</b>	(4 oz.) \$3.75
<b>Cortado</b>	(8 oz.) \$4.25

<b>Americano</b>	(8 oz. or 12 oz.)	\$3.50
<b>Cappuccino</b>	(8 oz.)	\$4.25 (12 oz.) \$4.75
<b>Latte</b>	(8 oz.)	\$4.25 (12 oz.) \$4.75
<b>Milo Mocha</b>	(8 oz.)	\$4.50 (12 oz.) \$5.00
<b>Drip Coffee: feature single origin</b>	(12 oz.)	\$2.50 (16 oz.) \$3.00
<b>Iced Latte</b>	(16 oz.)	\$4.75
<b>Iced Americano</b>	(16 oz.)	\$4.00
<b>Coffee extras:</b> (2 oz. shot) \$1.75, almond milk \$0.50, soy milk \$0.50, coconut milk \$0.50, oat milk \$0.75		
<b>Featured Organic Teas by DiviniTea</b>	(16 oz.)	\$3.00
<b>Hot Chocolate</b>	(12 oz.)	\$3.50
<b>Fresh Coconut Water</b>	(12 oz.)	\$4.50

## Lunch Menu: 11am - 5pm

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**Soup of the Day:** roasted mushroom soup (vegan, gluten & nut free), chicken pepper pot (dairy free & gluten free), all natural turkey chili (dairy & gluten free)  
 (12 oz.) \$5.99 (16oz.) \$6.99

**Build Your Own Salad** \$9.99/lb

Greens: romaine lettuce, mixed greens, spinach

Toppings: cucumbers, red onion, cherry tomatoes, red pepper, green pepper, green beans, carrot, chickpeas, red beets, grapes, green apple, roasted sweet potato, banana peppers, celery, radish, sun dried tomatoes, roasted pumpkin, 'coco bluff' coconut, hard-boiled eggs, black olives, shredded cabbage, marinated tofu, garlic croutons, bacon

Cheese: parmesan, shredded cheddar, shredded mozzarella, feta, goat's cheese, crumbled blue cheese

Dried Fruits & Nuts: cranberries, black raisins, walnuts, almonds, sunflower seeds, chia seeds, flax seeds, pumpkin seeds

Housemade Dressings: balsamic, honey dijon, red wine shallot, italian, coco lime, sweet & sour, caesar, ranch, balsamic vinegar, apple cider vinegar, olive oil

Add On: roasted chicken (4 oz.) \$4.99, brasserie catch \$14.99 (each.), avocado \$1.00

### Burgers

**CAB Sirloin** \$16.00

**All-Natural Turkey**

\$15.00

**Housemade Veggie** \$13.00

**Hand Cut Fries / Hand Cut Sweet Potato Fries** \$ 5.00

**Sandwiches & Wraps:** choose from freshly baked breads, cheese, house made spreads & garden vegetables

<b>Veggie</b>	\$ 8.99
<b>BLT, Tuna Salad</b>	\$ 9.49
<b>Roasted Chicken, Roasted Turkey Breast, Black Forest Ham</b>	\$ 10.49
<b>Genoa Salami</b>	\$ 10.99
<b>Genoa Salami, Roast Beef, Prosciutto</b>	\$ 11.99
<b>Brasserie Catch of the Day</b>	\$15.99

**Extras:** meat \$3.50, cheese \$2.00, bacon \$2.50

**Breads & Wraps:** white baguette, whole wheat baguette, ciabatta, brioche bun, plain wrap, whole wheat wrap, spinach wrap, tomato wrap

**Toppings:** smoked onions, housemade pickles, roasted red peppers, jalapeños, banana peppers, boston lettuce, arugula, spinach, tomato, red onion

**Cheese:** swiss, cheddar, provolone, fresh mozzarella

**Spreads:** lemon aioli, spicy aioli, garden basil pesto, garden herb chimichurri, chipotle bbq, brasserie hot sauce

**Panini of the Day:** sloppy joe, mozzarella cheese, chateau chooks fired egg, sauteed onion, spinach, house made pickles, bbq aioli, brioche bun \$ 9.99

**Daily Hot Lunch:** crispy triggerfish w/ fennel beurre blanc (\$15.99/ea.) (dairy & nut free)  
brasserie honey glazed ham (\$18.99/lb.) (gluten & nut free),  
roasted turkey w/ cayman sorrel tartar (\$16.49/lb.) yukon mashed potatoes (vegetarian & nut free),  
butternut squash & mushroom stuffing (vegetarian, gluten & nut free),  
grilled green beans (vegetarian & nut free), roasted brussels sprouts (vegetarian, gluten & nut free),  
fried plantain (vegan), garden greens (vegetarian & gluten free) \$10.49/lb.

## Pastries & Baked Goods

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**Brownies:** regular - \$4.00      gluten free, vegan - \$ 4.75

**House made Cookies:** chocolate chip, oatmeal raisin, coconut cranberry, peanut butter \$ 3.50

**Cupcakes:** carrot cake, red velvet, chocolate cheesecake, chocolate vegan, coconut \$ 4.50

**Brasserie Honey & Lemon Cupcake** (nut free) \$ 4.75

**Carrot Cake** \$ 7.00

**Mamey Sapote Cheesecake, star fruit & pineapple compote** (nut free) \$ 6.25

**Keto Pumpkin Pie** (gluten free) \$ 6.75

**Caramel Apple Trifle** (nut free) \$ 6.50

**Milk Chocolate & Vanilla Tahini Swiss Roll** \$ 6.50

**Nanaimo Bar** \$ 6.00

**Banana Bread** \$ 3.00

**Vegan Banana Bread** \$ 3.50

**Almond Pound Cake** \$ 4.00

**Gluten Free Homemade Healthy Bar** (flax seeds, oats & brasserie honey) \$ 3.75

