THE BRASSERIE MARKET

Thursday 19 November 2026

Breakfast Menu: 7am-10.30am

Breakfast Toast, bread, butter or cream cheese & jam	$4.99
Breakfast Panini, English muffin, egg, cheese	$6.99
Breakfast Sandwich: choice of wrap, bagel, sliced brasserie bread, egg, meat, cheese	$10.49
Build Your Own Omelet, 3 eggs or eggs whites with your choice of cheese	$9.99
Cheese: cheddar, mozzarella, swiss, provolone, parmesan	
Topping: tomato, mushrooms, red onion, mixed peppers, black forest ham, spinach	$1.25
Add on Meat: black forest ham, bacon, turkey $1.25 (each), turkey sausage $ 2.00(each), pork sausage $ 3.00 (each), chicken sausage $ 3.75 (each)	
Add on Sides: mushrooms $3.00 (per serving), roasted tomato $3.00 (per serving), baked beans $3.50 (per serving), sautéed spinach $4.00 (per serving)	
Pancakes	$8.99 (fruit) $10.49
Belgian Waffle	(whole) $9.49 (half) $4.99
Hash Browns	$5.49
2 Eggs	(any style) $6.99
Scramble Eggs Hot Line	$5.99
Eggs Benedict	(1 piece) $7.99 (2 pieces) $13.99
Pork Sausage	(per serving) $3.00
Applewood Smoked Bacon	(per serving) $3.99
Caribo's Chicken Chorizo Sausage	(per serving) $3.75
Canadian bacon	(per serving) $3.99
Scone:	regular $3.25, fruit $3.50, GF fruit scone $3.75
Cinnamon Roll	$4.00
Muffin	$4.00
Croissant	$4.00
Bagel	$3.99
Sliced Brasserie Bread	$2.25
Baguette	$2.49
Fresh Fruit Salad with granola and yogurt	(per pound) $10.99
Steel Cut Oatmeal	(12 oz.) $6.99 (16 oz.) $7.99
Patties	$3.75

Beverages

espresso	(2 oz.)$4.00
macchiato	(4 oz.)$4.50
cortado	(8 oz.)$5.00
americano	(8 oz.)$4.00 (12 oz.)$5.00
cappuccino	(8 oz.)$5.00 (12 oz.)$5.75
latte	(8 oz.)$5.00 (12 oz.)$5.75
milo mocha	(8 oz.)$5.75 (12 oz.)$6.50
drip coffee: feature single origin	(12 oz.)$3.25(16 oz.)$4.25
iced latte	(16 oz.)$6.00
iced americano	(16 oz.)$5.25
iced mocha	(16 oz.)$6.25
cold brew	(16 oz.)$5.50

coffee extras:

(2 oz. shot) $2.25, almond milk $0.75, soy milk $0.75, coconut milk $0.75, oat milk $0.75, syrup $1.00

featured organic teas by divinitea (hot)

english breakfast, earl grey, moroccan mint, japanese sencha, chamomile, tropical turmeric, immunitea, genmaicha, coconut cream chai (16 oz.)$4.25

featured organic teas by divinitea (cold)

tropical green, hibiscus lime	(16 oz.)$4.25
tea latte	(12 oz.)$5.50(16 oz.)$6.50
hot chocolate	(12 oz.)$4.75(16 oz.)$5.75
fresh coconut water	(12 oz.)$5.00
fresh oj	$7.00
just water	$3.25

Lunch Menu 11am-5pm

soup of the day: butternut squash & chipotle soup (df, nf), caribbean red bean soup (df, nf)

all-natural turkey chili (df, gf, nf) $7.99 (12 oz.), $8.99(16oz.)

greens: romaine lettuce, mixed greens, spinach $11.49/lb

toppings: cucumbers, red onion, cherry tomatoes, red pepper, green pepper, green beans, carrot, chickpeas, red beets, grapes, green apple, roasted sweet potato, banana peppers, celery, radish, sun dried tomatoes, roasted pumpkin, 'coco bluff ' coconut, hard-boiled eggs, black olives, shredded cabbage, marinated tofu, garlic croutons, bacon

cheese: parmesan, shredded cheddar, shredded mozzarella, feta, goat 's cheese, crumbled blue cheese

dried fruits & nuts: cranberries, black raisins, walnuts, almonds, sunflower seeds, chia seeds, flax seeds, pumpkin seeds

house made dressings: balsamic, honey dijon, red wine shallot, italian, coco lime, sweet & sour, caesar, ranch, balsamic vinegar, apple cider vinegar, olive oil

add on: lemon roasted chicken (4 oz.) $5.99, brasserie catch $16.49 (each.), smoked salmon $10.00 (portion), roasted turkey $4.00 (portion), black forest ham $4.00 (portion), avocado $1.50

burgers

cab sirloin	$18.00
all-natural turkey	$16.00
house made veggie	$14.00
hand cut fries / hand cut sweet potato fries	$6.00

sandwiches & wraps

choose from freshly baked breads, cheese, house made spreads & garden vegetables

veggie	$9.99
blt, tuna salad, chicken salad, egg salad	$10.99
roasted chicken, roasted turkey breast, black forest ham	$12.99
genoa salami, roast beef, prosciutto	$13.99
brasserie catch of the day	$21.99

extras: meat $4.00, cheese $2.00, bacon $3.50, avocado $1.50

breads & wraps: white baguette, whole wheat baguette, ciabatta, brioche bun, plain wrap, whole wheat wrap, spinach wrap, tomato wrap

toppings: smoked onions, house made pickles, roasted red peppers, jalapeños, banana peppers, boston lettuce, arugula, spinach, tomato, red onion

cheese: swiss, cheddar, provolone, fresh mozzarella

spreads: lemon aioli, spicy aioli, garden basil pesto, garden herb chimichurri, chipotle bbq, brasserie hot sauce

yellowfin tuna poke bowl: japanese rice, garden papaya kimchi, cucumber, garden radish, edamame, spicy soy, toasted sesame seeds — $28.00

panini of the day: bbq chicken, cheddar cheese, roasted peppers, fried shallots, local cucumbers, spinach, spicy aioli, ciabatta — $12.99

daily hot lunch:

grilled wahoo w/ local papaya salsa (gf, df, nf)	$16.49/portion
braised pork shoulder in salsa verde (gf, df, nf)	$18.99/lb
mexican chicken adobado (gf, df, nf)	$14.99/lb

sides

$11.49 /lb

rice primavera (v, gf, nf)
poblano pepper & corn stew (v, gf, nf)
stewed black beans (v, gf, nf)
sauteed greens (vg, gf, nf)
fried plantains (vg, gf, nf)

V:vegetarian VG:vegan DF:dairy free GF:gluten free NF:nut free

Pastries & Baked Goods

Brownies:	
Regular	$4.50
Gluten-free, Vegan	$5.00
House-made cookies: chocolate chip, oatmeal raisin, coconut cranberry, peanut butter	$4.00
Cupcakes: carrot cake, red velvet, chocolate cheesecake, chocolate vegan, coconut	$4.75
Carrot cake	$7.75
Nanaimo bar	$7.00
Banana bread	$4.00
Vegan banana bread	$4.50
Lemon pound cake	$4.25
Gluten-free homemade healthy bar (flax seeds, oats & brasserie honey)	$4.25
Pumpkin – White Chocolate – Pecan Layered Bar	$7.00
Layered Dark Chocolate Cake (NF)	$7.75
Keto Alfajores (GF)	$6.75
Lemon Bake Well Tart	$6.75

Grab & Go Snacks, Food and Drinks

fresh fruit salad	$6.99
whole fruit	$2.25
house-made yoghurt and granola	$6.99 extra granola $2.00
greek and garden salad with dressing	$7.49 (extra dressing $1.50)
caesar salad with dressing	$6.50 (extra dressing $1.50)
sandwiches	$10.99
dirty chips	$3.00
chocolate bar	$2.00
kind bar	$3.75
red bull	$4.25
blu energy water	$3.25
la croix sparkling water	$2.00
perrier sparkling water	$3.50
soda	$2.00(can)
beer selection starting from	$6.00
wine selection starting from	$7.00